



FINDING

Are your emotions making you **SICK?**

BALANCE



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Therapist

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Is it time to regain control of your life?

- Are you feeling overwhelmed?
- Are your emotions making you sick?
- Are you feeling "stuck?"
- Are you looking for a new direction?

Then it may be time to give me a call.
The journey to the rest of your life
begins with one step.

Office hours are by appointment.
Call and ask about a free initial
consultation.

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 www.donlaird.com